# INDIVIDUAL TRANSPERSONAL LEADERSHIP COACHING





### Ultimately – Leading Beyond the Ego.

All organisations need leaders that can succeed in our ever faster changing world. This programme equips leaders and their organisations to thrive in a multi-generational, globalised, Al enhanced, ethically sensitive, 'VUCA world'.

This programme provides 36 hours (intermediate journey) or 72 hours (intermediate + advanced journey) of CPD Accreditation by the CPD Standards Office (certificate available on completion).

## Why the need for Transpersonal Leaders<sup>1</sup>?

The world is at a tipping point; it is changing faster and more unpredictably. Society, technology and the climate are changing at unprecedented levels. Successful leaders recognise that leadership has moved on from being authoritative, hierarchical and pace-setting to becoming a distributed leadership underpinned by an ethical, caring, sustainable and performance enhancing culture. Only Transpersonal Leaders who are themselves emotionally intelligent, ethical, caring, authentic and lead beyond their ego can enable and maintain this kind of culture.

<sup>1</sup> Knights, J., Grant, D. and Young, G. (2018). **Leading Beyond The Ego: How to Become a Transpersonal Leader**. Routledge.

# How the programme benefits you and your organisation?

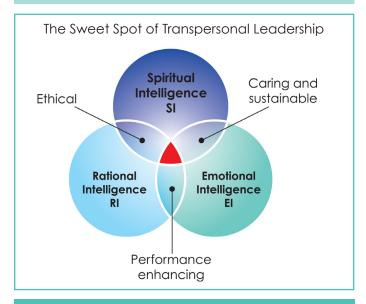
It enables you and your organisation to become more productive, agile and sustainable through empowering employees and engaging fully with all stakeholders. It helps you attract the best people and operate for the greater good!

#### Benefits to you:

- Develops leadership enhancing behaviours that improves your own performance and the performance of others.
- Aligns your own purpose with that of your organisation.
- Brings together what is good for you and for the organisation.
- Enables you to be radical, authentic, ethical and caring.
- Provides you with the skills to transform your organisation to meet the needs of tomorrow.
- Makes you happier and more fulfilled.

The idea of transpersonal leadership with its heart in the notions of humility, learning, and caring has never had more relevance in helping leaders get the best out of themselves, their people and their organisations.

Peter Cheese, CEO Chartered Institute of Personnel & Development (CIPD), UK



### Benefits to your organisation:

- Creates a performance-enhancing culture.
- Unleashes the discretionary effort of your followers, making the organisation more productive, creative and innovative.
- Builds trust among your stakeholders, creating positive win-win solutions.
- Sets a standard for sustainability and the purpose of the organisation for all your employees to follow.
- Attracts and retains good people.
- Genuinely creates a caring, ethical brand that attracts customers and the best talent.
- Builds long term improved productivity and performance.



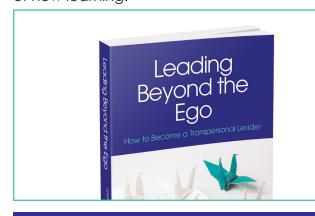
### What's the programme like and who is it for?

The programme is based on the Transpersonal Leadership development journey described in our acclaimed book<sup>1</sup>. It is specifically tailored for individuals who want to develop their skills and behaviours:

- The intermediate journey (Emotionally Intelligent Leadership) is suitable for any executive wishing to improve their leadership competence. It is completed in seven, two-hour sessions.
- The follow-on advanced journey (Beyond the Ego Leadership) is completed in six, two-hour sessions. This stage is particularly suitable for CEOs, executives who have been newly promoted to senior positions and for other high potential executives being groomed for senior roles.

Between TLC coaching sessions, individuals will complete bite-sized online learning, reading specific book<sup>1</sup> chapters, confidential self-assessments, performance accelerator tools and questionnaires.

Coaching sessions are organised into two parts. One part is to review the most recent learning from the various exercises and to identify how it applies to the individual, especially in the workplace, and what actions need to be taken. The other part of the session adopts an executive coaching format where the individual is looking to explore solutions to issues and challenges, but with the added advantage they can be considered in light of new learning.



Coaching Session	Transpersonal Leadership Module
1	First Session – Introduction, etc.
Intermediate Journey – Emotionally Intelligent Leadership	
2	Introduction to Transpersonal Leadership
3	Neuroscience & Self Awareness
4	Understanding and Managing Emotions (Emotional Intelligence)
5	Using Different Leadership Styles
6	LEIPA Feedback
7	Creating a Performance Enhancing Culture
Advanced Journey – Beyond the Ego Leadership	
8	The 8 Integral Competencies of Leadership
9	Beyond the Ego
10	Improving Judgement and Decision-Making
11	Personal Conscience and Self Determination
12	Diversity and Inner development
13	Choices and Lifelong Development

This practical journey of discovery and practice uses state-of-the-art blended learning methods supported by internationally recognised evidence-based research; grounded in neuroscience that links emotional intelligence, culture theory, decision-making, ethics, values and purpose. Only LeaderShape's trained ICF accredited Transpersonal Leadership Coaches may provide this service.

Examples of the application of Transpersonal Leadership can be found in a series of FREE White Papers authored by LeaderShape faculty and published by Routledge: www.leadershapeglobal.com/white-papers

When reading the book, everything seems so obvious, but then again, this always tends to be the case with masterpieces.

Sandro Giuliani, Managing Director, Jacobs Foundation, Switzerland

For more information on our Transpersonal Leadership coaching programme, contact us today on +44 (0) 7766 473473, email transpersonal@leadershapeglobal.com, or visit our website: www.leadershapeglobal.com/transpersonal-leadership-coaching

